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The Woman's Club of Albany

United in Service to Our Community Since 1910

This is the May 2022 newsletter for The Woman's Club of Albany, with news about our events and ways you can help us meet our mission.

WCA Business

Monthly Board Report

The WCA Board took the following actions at its April meeting:

- Approved the purchase of materials for a tabling kit at the Albany History Fair and other venues.
- Approved sponsoring an Albany High School student attending the 2022 Hugh O'Brian Youth Leadership program.
- Decided to pause Home Away From Home evenings during July and August.

Upcoming Meetings

At April Member Monday, we celebrated our wonderful volunteers. May is a great month to get involved. Check the website calendar for details.

- Monday, May 2 -- Building Committee
- Tuesday, May 3 -- Community Service Committee
- Wednesday, May 4 -- Communications Committee
- Tuesday, May 10 -- Programs Committee
- Thursday, May 19 -- Membership Committee
- Thursday, May 26 -- Development Committee

Welcome New Members

Welcome new members Alycia Byrne, Diane Delmonico, Susan Freeman, Barbara Kaiser Bray and Anna Sipp Bray who joined in April. We look forward to seeing you at upcoming events!

Tulip Tea 2022

Saturday, May 14 -- 2 p.m.

Click Here to Register Now

RSVP by May 6, 2022

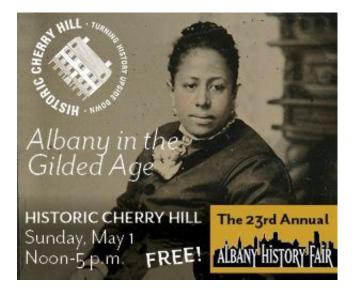
Tea by Divinitea, Tea Sandwiches by McCarroll's Village Butcher Desserts by Zachary's Pastry Shoppe Cash raffle • Space is limited • Reservations are required Tickets are \$45 each

The Tulip Tea is a major fundraiser for the Club.





More Upcoming Events and Programs



23rd Annual Albany History Fair

TODAY! Sunday, May 1 -- 12 to 5 p.m.

Historic Cherry Hill 523 1/2 South Pearl St. Albany, NY 12202

The Albany History Fair is back in-person at Historic Cherry Hill for the first time since 2019! This year's theme is "Albany and the Gilded Age." Public audiences and heritage partners will once again gather at Albany's Yellow House on the Hill to explore the Capital City's fascinating history.

From exuberant architecture and industrial tycoons to blue bloods, immigrants and labor unrest, we look forward to an afternoon of "digging in." You can expect scholars' talks, special tours, costume installations, period music, presentations on Cherry Hill's underrepresented Gilded Age stories, hands-on activities exploring "Getting Dressed in the Gilded Age," and a teaser performance of one scene from Swept Clean, an original play set at Cherry Hill in 1884.

Please stop by to visit the WCA table to learn about the Steefel family and how their house built in 1895 became the home of the Woman's Club of Albany. This is a free event.



2sDay de Mayo will be A-May-Zing!

Tuesday, May 3 -- 6:30 p.m.

Join us for 2Lip 2sDay! We'll be in our Parlor around 6:30 -- dressed in our finest spring outfits with a "south-of-the-border" flair! Be ready for lots of smiles and even more laughs. We **may** take a tour of our own tulips and explore the (almost) completed Best View on Madison AveNEW. As always -- bring a nip or a nosh to share -- along with your fabulous self. We can't wait to see you.

Tulip Tip Toe Together!

Friday, May 6 -- 5:30 p.m.

It's Tulip Festival time and the perfect time to meet and stroll through Washington Park to view this year's floral bounty! We'll meet for a snack and a toast to Spring (BYO), then on to the beautiful park.

Please <u>REGISTER</u> so we can travel together. Meet at the Club.

All are welcome! Rain or Shine!



Thursday, May 12 -- 6:30 p.m.

This month's grant recipient is Yamba Malawi, which works to meet the needs of young mothers and to end childhood poverty in Mangochi, Malawi. The grant will empower women, including many young mothers, to break the cycle of poverty for themselves and their children through a holistic, child-focused poverty graduation program.

This is a potluck dinner with a small educational component. Money that otherwise would have been spent on going out to dinner instead is donated.

If you would like to attend, contact Rosemary Revoir.

Come see our own thespian Maryhelen Lounello at Curtain Call Theatre!



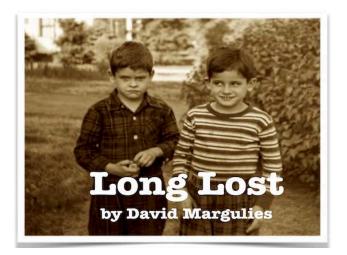
Thursday, May 12 -- 7:30 p.m. 1 Jeanne Jugan Lane, Latham, NY 12110

Tickets are \$30 and are available at the box office at 518-877-7529. Please obtain your own tickets! Everyone is welcome!

(**REGISTER HERE** so that we know to meet you....but reserve your tickets at the BOX OFFICE.)

Here's what the play is about:

LONG LOST by David Margulies When troubled Billy suddenly appears and tries to reinsert himself into the comfortable life his brother David has built with his philanthropist wife and college-age son, how much can family bonds smooth over past rifts? A riveting work from this Pulitzer Prize-winning dramatist.



Next Book Club Meeting

Tuesday, May 17 -- 6:30 p.m.

The WCA members book club will meet to discuss The Island of Sea Women by Lisa See.

Contact Diana Pane for more information

Home Away From Home

Wednesday, May 18 -- 5:30 to 8 p.m.

It's time for another Members' Night Out hosted by Vice President Paula Hennessy.

This monthly event is your chance to enjoy a casual evening in our beautiful house. There is no formal program — do a craft, play a game, just hang out or ??? The choice is yours.

May Member Monday

Monday, May 23 -- 6:00 p.m.

Join us for a relaxing and creative Member Monday as our new member Linda Fasano demonstrates Zentangle. Zentangle is an easy-to-learn, relaxing, and fun way to create beautiful images by drawing structured patterns. You create tangles with combinations of dots, lines, simple curves, S-curves and orbs. These patterns are drawn on small pieces of paper called "tiles." The tiles can be assembled into mosaics. Zentangle art is nonrepresentational and unplanned, so vou can focus on each stroke and not worrv about the result. No prior art experience is necessary. If you are interested in purchasing the starter kit you'll be using, bring \$5 to take it home with you.

Please <u>REGISTER TO ATTEND</u> so that we have enough materials for everyone.

Happy Half Hour - 6:00 p.m.

Pot Luck Supper - bring a dish or dessert to share - 6:30 p.m.

Zentangle activity - in the ballroom at 7:00 p.m.





Heal Your Spirit - Sooth Your Soul!

Tuesday, May 24 -- 6:30

at the WCA - Zoom available

Has the pandemic left you anxious? Life's challenges got you down? Join Sarah-Jane Fawcett and Samantha Bossalini to learn how therapeutic essential oils can assist in emotional release through the powerful, yet gentle, Aroma Freedom Technique (AFT). You will sample essential oils and learn how they dissolve negative thoughts and create a calmer you. These caring practitioners have a combined 15 years experience in helping women regain emotional and spiritual health with aromatherapy and meditative practice. As a bonus... Sarah-Jane will share her recipes that incorporate pure essences!

Register **<u>HERE</u>**. All welcome! Light refreshments served.

Community Service News

Native Perennial Seed Saving Workshop

Saturday, May 7

10:30 a.m. to Noon

Shaker Heritage Society, 25 Meeting House Rd, Albany, NY 12211 \$5 SHS Members; \$10 Non Members

Sustaining Biological Diversity: How can you support our local ecosystem by saving and planting seeds from native plants?

The appearance of the Asian Jumping Worm in our region makes it harder to share plants among gardeners these days, but we can still share seeds.

Cornell Cooperative Extension Master Gardener Kathryn Adams Harter will discuss how to support our local ecosystem by saving and planting seeds from native plants. What are native plants, why are they important in our home gardens, how are seeds are formed, and why should we save native seeds? Kathy will show us the ropes and explain how to collect, store, and germinate perennial seeds. She will also cover winter seed sowing basics, and the importance of milkweed and its specific germinating needs.

Note that this is a very traditional activity on the Church Family site, where the Watervliet Shakers developed the process of packaging seeds in small envelopes for sale to the World beginning in the 1790s. The program will include a brief introduction to the Shakers' seed industry.

Link to event -- <u>https://www.eventbrite.com/e/native-perennial-seed-saving-workshop-tickets-</u> 314765430877?aff=ebdssbdestsearch





Results of April Member Monday

Our contributions to **The South End Children's Café** totaled 20 baos full of food items, toilet paper and laundry detergent. A special thanks to all members for their generosity and support.



Thank You Letters

The Club received two thank you letters for recent donations. We are happy to help and appreciate the volunteers who make our good work possible.

- For a donation to the Brendan Fahy Bequette Memorial Scholarship Fund through the Albany Fund For Education: This non-profit organization's mission is to enhance opportunities for students in the Albany City School District. Programs like grants to teachers and *Feed and Read* weekend backpacks help students to learn, grow and succeed.
- From Marian Price, Ronald McDonald House volunteer:

Dear Friends, Many thanks for your recent donation of the lovely greeting cards for our guests. They really do appreciate all that they find here for their comfort and welcome.



