

**From:** Woman's Club of Albany TheWomansClub@womansclubofalbany.com  
**Subject:** Start the New Year with These WCA Events  
**Date:** January 1, 2023 at 1:02 PM  
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# The Woman's Club of Albany

*United in Service to Our Community Since 1910*

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*This is the January 2023 newsletter for The Woman's Club of Albany, with news about our events and ways you can help us meet our mission.*

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***Have a Very Happy New Year!***

## **Read All About It**

Don't miss any of the news items below:

- President's Message
- December Board Report
- Raffle Reminder
- 2sDay in the Parlor
- Time to un-Decorate the House
- Matinee at the Spectrum
- Together Women Rise
- Next Book Club Meeting
- Cabin Fever Day Registration
- Member Monday/Community Service Project
- Welcome to our New Member
- Talk on Alzheimer's
- Good Books Fundraiser Results

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**A Message from Our President**



Happy New Year 2023! January marks the halfway point in the WCA's fiscal year, an ideal time to revisit highlights and anticipate goals.

Thanks to increased visibility in the community and online, membership has grown with members enjoying benefits like Book Club, Holiday Fun Night and a picnic, in addition to monthly gatherings. What's on the horizon? Cabin Fever Wellness Day, a special viewing party (date TBA), possibly a trip to the Women's History Museum and Member Appreciation/Volunteer Recognition in April.

In service to the community, members have donated hundreds of items, completed several hands-on projects and provided financial support to three organizations. In 2023, we will also support homeless women veterans and open our doors to the public for an educational program on Alzheimer's. Perhaps you can donate an unused musical instrument when Vanguard collects them at the WCA for distribution to students in need.

Our beautiful house was the site of a media event for teen voting advocate Charlotte Powell. The accessibility ramp is complete with planning underway for lights and restoration of the pillars. We anticipate a ribbon-cutting ceremony as we "Light Up the Ramp."

Financially, we've had two solid quarters boosted by a month-long rental, a record-setting garage sale and a hugely successful Giving Tuesday. We're hoping to wrap up the Stuff Your Piggy Bank cash raffle soon and notify the lucky winners. Have you gotten your tickets yet?

Thank you for being a member and supporter of the WCA.

***Monica Trabold***

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## **Board Report**

At its December meeting, the WCA board took the following actions:

- Approved a program about Understanding Alzheimer's and Dementia.
- Approved a request for the Albany Symphony's Vanguard to use the WCA house to

- Approved a request for the Albany Symphony's vanguard to use the WCA House to collect used musical instruments for students in need.
- Voted to join the New York Council of Nonprofits for 2023.

## Stuff Your Piggy Bank in 2023

(There's still time!)



### Important Statistics:

Odds of being struck by lightning (per year): **1 in 1,443,000**

Odds of winning POWERBALL : **1 in 292 million**

Odds of winning MegaMillions : **1 in 302 million**

Odds of winning \$1000 in the

**Stuff Your Piggy Bank Raffle : 1 in 42**



### This is one you could actually win!

Buy and/or sell tickets at **\$50** each.

**Only 210** tickets will be sold.

There will be **5 - \$1000 prizes** drawn,

There is **\$100 prize** for the **seller**  
of each winning ticket.

Look for ticket sales at WCA events, or  
contact [Martha McCormick](#)  
to arrange individually.



May the odds be with you!

Proceeds to benefit the Woman's Club of Albany  
Drawing will be held at the First WCA Member Monday  
after all tickets have been sold.

You need not be present to win!

Please contact [Martha McCormick](#) to arrange for ticket purchases.

### Coming Events

## One Last Holiday Blast

*2sDay in the Parlor*

***Jan. 3 -- 6:30 p.m.***



Don't miss our annual Worst Gift/Ugly Sweater party. If this is your first time, get ready for a lot of laughs. Bring a wrapped gift that you can't wait to get rid of -- you know the one -- another pair of cat socks, a pair of earrings you couldn't be paid to wear, the gift that screams, "Do they even know me?" You get the picture.

While you're at it, put on that holiday sweater you got on sale five years ago. It's still good!

A nip or a nosh to share, please.

Get ready for a good time! Remember: You don't have to be a WCA member to join us in the fun! There is always room for one more around the tree.

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## **And Then It's Time to Pack Up**

***Saturday, Jan. 7 -- 10 a.m.***

Join us for as much time as you have to help pack up our beautiful holiday decorations.

We'll start at 10 a.m. and, like all good elves, continue til the work is done.

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# Matinee @ the Spectrum

***Tuesday, Jan. 10 -- Time and Movie to Be Determined\****

Please contact [Linda Fasano](#), Program Committee chair, by Jan. 9 if you are interested in attending an afternoon movie at the Spectrum, 290 Delaware Ave., Albany 12208.

\*Most matinees begin between 3:30 and 4:30 p.m. The time and movie will be determined if there's interest.



***Thursday, Jan. 12 -- 6:30 p.m.***



*(Together Women Rise Photo)*

This month's grant recipient is the Kenyan Women's Network Training of Trainers in Kenya, a project of the Pangea Network, an international non-profit that assists individuals in Kenya and the United States.

This project provides training in life and business skills. It also offers small-business revolving funds to women living in extreme poverty.

Our program is a potluck dinner with a small educational component. Money that otherwise would be spent on going out to dinner is donated.

If you want more information or plan to attend, please contact [Rosemary Revoir](#).

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## **WCA Book Club Meeting**

***Tuesday, Jan. 17 -- 6:30 p.m.***

The book club will discuss "The Paris Library" by Janet Skeslien Charles.

Contact [Diana Pane](#) for more information.

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## **Home Away from Home Trivia Night**

***Wednesday, Jan. 18 -- 5:30 to 8 p.m.***

Get ready to use all those tidbits of information you've accumulated over the years! Two or more teams will test their wits, have fun and laugh together.

We'll feature the 40th anniversary edition of Trivial Pursuit, which is based on general knowledge.

We must have some general knowledge of the last 40 years, don't you think?

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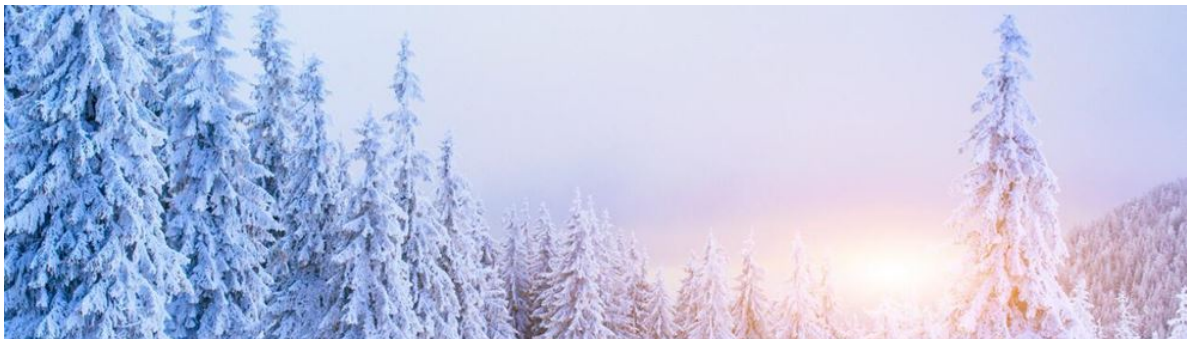
## **Cabin Fever Wellness Day**

***Saturday, Jan. 21 -- Noon to 4 p.m.***

Looking for a post-holiday pick-me-up?

This event is by members, for members. and will consist of sessions on learning and practicing ways to care for yourself. Learn and experience some self-care practices, through yoga, movement, art, aromatherapy, and more. A light lunch will be provided.

PLEASE [REGISTER HERE](#) by Saturday, Jan. 14.





# **Cabin Fever Self- Care Event**

***By Members, for Members***

**Saturday, January 21, 2023**

**12:00 p.m.-4:00 p.m.**

**Women's Club of  
Albany**

**Lunch Provided**

**Enjoy:  
Aromatherapy  
Reiki  
Essential Oils  
Meditation  
Yoga and more!**

**For registration and more information please  
visit:**

**<https://womansclubofalbany.com/event-5024892>**

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## **Join Us for Member Monday -- Jan. 23**

***Happy Half Hour -- 6 p.m.***

***Pot Luck Supper -- 6:30 p.m.***

***Announcements and Community Service Project***

Let's start the New Year with a generous heart by getting together for another community service project.

Please join us at January's Member Monday where we will be creating gift bags for homeless women veterans at the Guardian House of Saratoga in Ballston Spa. We will be collecting shampoo, conditioner, body wash, lotions and candy (bars or other small items) to fill bags we will decorate during the evening. Smaller sizes (not travel) are

items) to fit bags we will decorate during the evening. Smaller sizes (not travel) are preferred so they will fit in bags -- 10-12 ounces, for example.

Bring your favorite stickers, markers, and crafting supplies to the club, and get ready to get creative and show our love and supports for these heroines! PLEASE NO GLITTER!

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## Welcome to Our New Member

Welcome to **Elizabeth Wallace**. We look forward to seeing you at our meetings and other activities.

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### ***Save the Date***

**ALZHEIMER'S  ASSOCIATION®**

## Understanding Alzheimer's and Dementia

***Wednesday, Feb. 8 -- 6 to 7 p.m.***

Ginger McGehee, program manager for the Alzheimer's Association of Northeastern New York, will give a presentation on Understanding Alzheimer's Disease and Dementia.

This program covers the difference between normal aging and dementia, the difference between Alzheimer's and other forms of age-related dementia, warning signs and risk factors, as well as services available through the Alzheimer's Association.

This event is free and open to the public. It will be held at the Woman's Club of Albany, but in the event of snow, it will take place by Zoom.

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## Good Books Fundraiser Results



## **GOOD BOOKS FUNDRAISER RESULTS**

The Good Books for Good Works project sponsored by the WCA and The Book House of Stuyvesant Plaza raised \$1,100 for new books to be purchased for the Dr. Martin Luther King Elementary School in Schenectady!

We are very grateful to the enthusiastic shoppers and particularly to Susan Novotny and The Book House for their very generous donation of 30 percent of the proceeds from the evening. The percentage was a special increase this year from the usual 20 percent of sales to honor the late Jill Person and the late Paula Rosenberg of the WCA, who cofounded the project with Susan.

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### **The Woman's Club of Albany**

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