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Subject: Spring into action with us in March
Date: March 1, 2022 at 6:04 AM
To: Monica Trabold monicatrabold@gmail.com



The Woman's Club of Albany

United in Service to Our Community Since 1910

This is the March 2022 newsletter for The Woman's Club of Albany, with news about our events and ways you can help us meet our mission.

March is Women's History Month

Wednesday, March 9 -- 6 p.m.

The Albany County Legislature will host a panel discussion at the Woman's Club of Albany. **Providing Healing, Promoting Hope** is open to the public. We hope many club members and contacts will take advantage of this opportunity.



In celebration of Women's History Month,
the Albany County Legislature presents:

*Providing Healing,
Promoting Hope*

MARCH 9 at 6:00 p.m.

Woman's Club of Albany

725 Madison Ave. Albany, NY 12208

MODERATOR



GIULIANA BRUNO, *WTEN*

PANELISTS



**NECOLE
CHAMBERS**
*Clerk, Albany County
Legislature
Owner, Pristine
Beauty*



**JAMMELLA
ANDERSON**
*Founder, Free Food
Fridge Albany*



DR. JENNIE EVANS
*Middle School
Principal, Albany
Leadership Charter
School for Girls*

Hosted by:

**Albany County Legislature Chairman Andrew Joyce
Deputy Chairwoman Wanda Willingham**

[More Upcoming Programs and Events](#)

Thursday is the new 2sDay for March

2sDay in the Parlor is Back

Thursday, March 3 -- 6:30 p.m.

Lamb/Lion/Leprechauns, oh my!

We may be a little late for Mardi Gras, but we're making 2Day in the Parlor the March place to be.

A casual, social evening where you can get to know new friends or catch up with old ones! We'll leave the business of the club behind.

Please bring a nip or a nosh to share.



**TOGETHER
WOMEN RISE**

Thursday, March 10 -- 6:30 p.m.





(Together We Rise photo)

This month's grantee is Mental Health Counseling for Women and Girls, a project of The Center for Victims of Torture in Uganda. The project will provide mental health and psychosocial support to women and girls in northern Uganda who have experienced torture and trauma during the many years of conflict in the country.

This is a potluck dinner with a small educational component. Money that would have been spent on going out to dinner is donated to the project.

For more information, contact [Rosemary Revoir](#).

WCA Book Club Meets

Tuesday, March 15 -- 6:30 p.m.

The WCA book club will meet to discuss *The Personal Librarian* by Marie Benedict.

For more information, contact [Diana Pane](#).



Home Away From Home

Wednesday, March 16 -- 5:30-8 p.m.

Members are attending and enjoying this monthly night out.

Play a game, do a craft, hang out and talk — the choice is yours.

WCA Director Marilyn Hunter will host this casual evening in our beautiful house.



Spring Hike (or Stroll!)

The Crossings in Colonie

Saturday, March 19 -- 11 a.m.

We'll meet at the parking area near the pond area just as you enter from Shaker Road.

All welcome and all fitness levels! [Sign up](#) on the website.

Tuesday at the Movies

Spectrum Theater Matinee*-- March 22

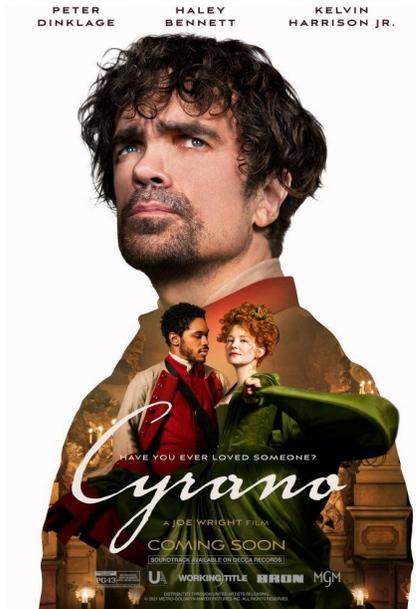
"Who knows her smile has known a perfect thing."

These are the words written by Edmond Rostand in 1897 for the marvelous *Cyrano de Bergerac*, a real person of wit, pen and sword known for his great unrequited love.

Many plays and movies have exalted this hero and we will enjoy the latest iteration -- *Cyrano* starring Peter Dinklage -- on March 22 at the Spectrum Theater on Delaware Ave. in Albany.

Tuesday's matinee is specially priced at \$7. *The exact time will be shared as the theater listing is finalized!

Sign up on our [WCA website](#) to be notified of more final details. Buy your ticket when you arrive. Drinks and discussion will follow!



March Member Monday

Save the date (and craft supplies) -- March 28

Happy Half Hour - 6 p.m.

Pot Luck Supper - 6:30 p.m.

Announcements and Card Making - 7 p.m.

We're collaborating with the Community Service Committee for this month's hands-on activity: making greeting cards for hospitalized children.

The Community Service Committee will supply the card stock paper, markers and glue sticks.

Members can supply stickers, cut outs, stampers, self stick gems, old cards, etc.

NOTHING WITH GLITTER IS ACCEPTABLE.

We'll send cards to the Albany Ronald McDonald house (about 20 cards needed), and a national organization, "CARDZ for KIDZ."

We will also be voting on the Bylaws at this meeting.

New Member Breakfast (Rescheduled)

Saturday, April 9 -- 10 a.m.-Noon

Please join us at the WCA for our annual New Member Breakfast.

Come meet other members, learn more about the Woman's Club of Albany, and take a tour of our historic home. Members of the Membership

Committee and the Board of Directors will be there to answer your questions and talk about the Club, its history, committees and programs.

Enjoy coffee, tea, and breakfast refreshments while enjoying the conversation of other like-minded women.

Feel free to bring a friend who may be interested in learning more about the WCA. This is always a casual event. Stop in for 10 minutes or stay the entire time.

Not such a new member? Come by anyway, everyone is welcome. You know we always love to see you!

Please [RSVP](#) by **April 1**. There is no charge, but we do need to know how much food to prepare!

Contact [Maryhelen Lounello](#) if you have any questions.

WCA Business

Monthly Board Report

The WCA Board took the following actions at its February meeting:

- Approved installation of the Donor Recognition Board in the front parlor.
- Removed the mask and vaccination requirement for enter the house. (See details below.)
- Voted to send the proposed changes to the WCA Bylaws to the membership for voting at the March Member Monday. (Check your email from Feb. 26.)
- Approved a Mum Sale fundraiser in concept.
- Authorized applying for City of Albany COVID relief funds.
- Approved Community Service activities for February, March and April.

Update on COVID Policy

The WCA is lifting its mandatory mask and vaccination requirements. While COVID in its various forms has become less of a crisis, it remains a threat to many people. We are aware that in lifting these requirements, life is made easier for most but more difficult for some.

A number of those in our club, as in the community at large, have health conditions that put them at great risk if they contract any version of COVID. The WCA leadership asks that all members exercise care when they are in the house. If you feel ill, please stay home and get tested when appropriate.

Please be respectful of others' mask choices. Sometimes we put on masks to protect ourselves. Sometimes to protect others. Sometimes to support someone else who must wear one. One thing we know is that no one wears a mask for fun. In fact, for some of our members, a mask may be necessary for them to feel they can safely visit the club.

As the WCA Board of Directors, we will be thrilled to have you back in the house, mask or no mask!

Programs Committee Survey Results (so far)

Thanks to those who have already participated! Here's what we found out:

- Over 80% of you would like us to continue offering programs via Zoom.
- Nearly 70% of you would like to try some programs on weekdays.
- You have lots of interests, appreciate variety, and made great suggestions.
- You especially enjoy these activities (75-90%): garden tours, hikes and outdoor walks, educational and cultural presentations, theater and music, and visits to museums and historical sites.

It's not too late to share your ideas — the survey [LINK](#) will remain open until the next committee meeting on Tuesday, March 8. New members are always welcome at committee meetings. Contact Chair [Paula Hennessy](#) for the Zoom link.

Community Service

WCA Community Service Partners

The Community Service Committee plans activities designed to reflect our mission -- to assist organizations that help women and children in need. Each month, we'll highlight the work of one of our wonderful community partners. You'll hear more throughout the year about WCA opportunities to support their efforts.

In the Spotlight



Refugee and Immigrant Support Services of Emmaus (RISSE)

RISSE is a family-based advocacy center for transitioning refugees and immigrants. It was formed in 2007 by Emmaus United Methodist Church in Albany to aid refugees fleeing conflict in Congo. Since then, programs have expanded, with most recent service given to Afghan refugees.

Our Pine Hills neighbor, RISSE is located on West Lawrence Street. It partners with the College of Saint Rose and UAlbany, offering after-school and summer programs for children and literacy, ESL and citizenship preparation for adults. Families learn to interact with schools, health care and other community services. RISSE is federally funded to conduct immigration clinics and support.

...and support.

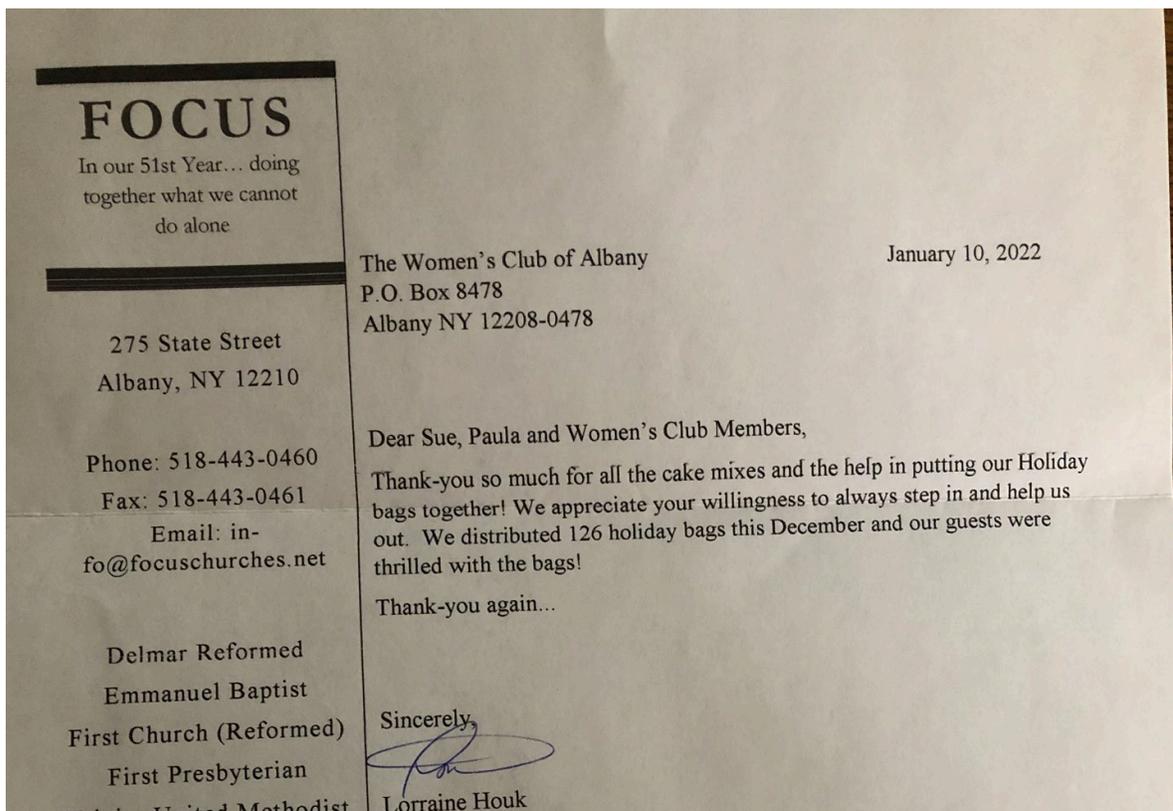
WCA members have collected needed school supplies, and home and personal care items for RISSE families in fulfillment of our mission to assist women and children.

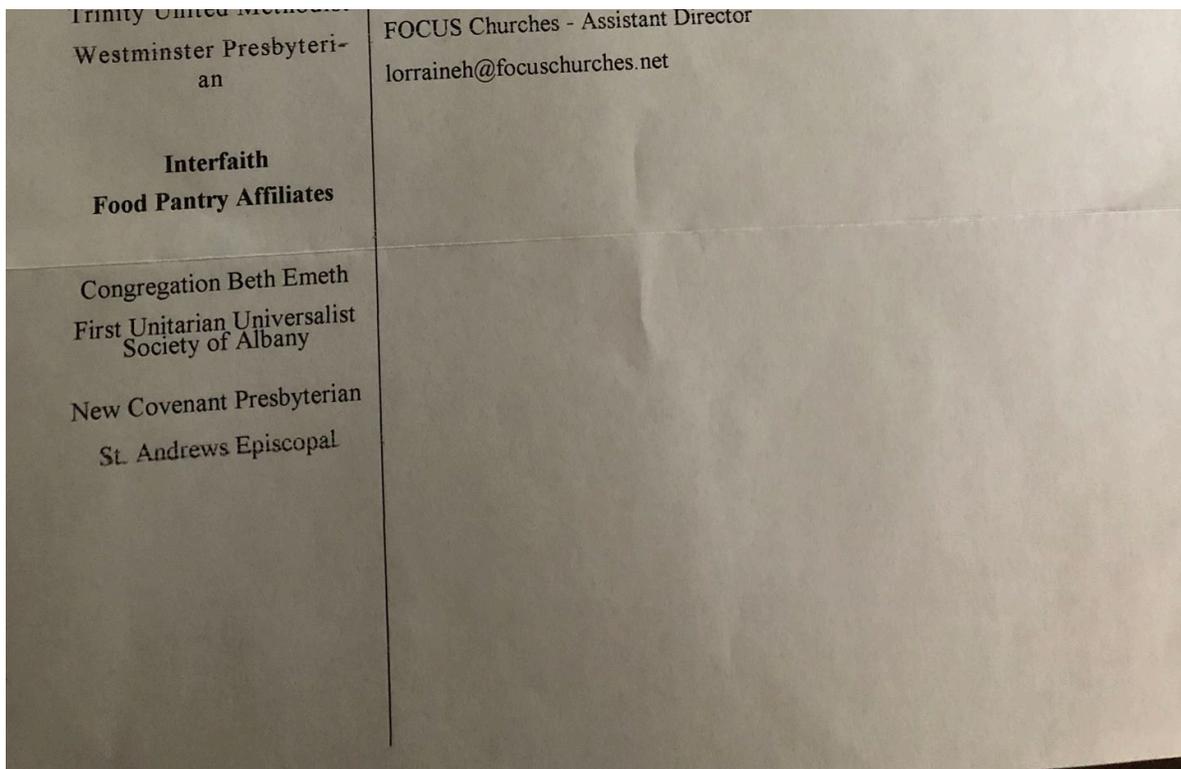
Executive Director Daniel Butterworth is happy to welcome the WCA to participate in activities such as conversation volunteers via Zoom or in person, office support and playground cleanup and Spring planting.



Photo courtesy of RISSE

FOCUS Says Thanks





Out and About



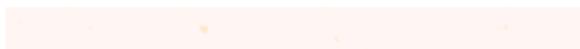
Cooking Demonstration with Chef Michael Kiernan

Wednesday, March 9 -- 3-4:30 p.m. via Facebook

Faith and Begorrah! It's St. Patrick's month when we are all a little Irish!

Join our friends at the Irish American Heritage Museum for a live Facebook demonstration of traditional Irish food! Bound to include a bit of craic (fun), as well! So pour some tea (or Guinness) and enjoy !

No need to sign up in advance! Check it out [here](#).





Raise a Cup to Notable Women

Sunday, March 27 -- 1-4 p.m.

Celebrate Women's History Month and support literacy programs in Rensselaer and Albany counties at the Famous Ladies in History Tea from 1 to 4 p.m. on Sunday, March 27. Local actresses will portray notable women including Margaret Mead, Emily Dickinson, Inez Milholland, Anna Howard Shaw, Moms Mabley, Betty White and Phyllis Diller.

The in-person event, sponsored by Literacy Volunteers of Rensselaer County, will be held at the Hilton Garden Inn, 235 Hoosick Street, Troy. A virtual option is available for those who do not wish to attend in person. The Famous Ladies' Tea will include a raffle, silent auction and wine pull.

Tickets are \$50 in person with traditional tea lunch and \$40 virtual-only (without lunch). Payment is required in advance, [online](#) or by check to Literacy Volunteers of Rensselaer County, 65 First Street, Troy, NY 12180.

For more information, call (518) 244-4650 or visit the Literacy Volunteers [website](#).

Yoga Returns to WCA

Yoga sessions with Cheryl are back.

Morning Flow Yoga will meet at 8:30 a.m., beginning Wednesday, March 9.

Gentle Yoga will be offered at 5:15 p.m. on Thursdays, beginning March 10.

Both classes are by donation.

The Woman's Club of Albany

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womansclubofalbany.com